



JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY ANANTAPUR
OIL TECHNOLOGICAL AND PHARMACEUTICAL RESEARCH INSTITUTE

(Accredited by NAAC with "A" Grade)

ANANTHAPURAMU-515 001

Program Report

Title of the Event: 11th International Yoga Day

Date & Time: 21-06-2025 at 06.00-08.00 A.M

Venue: Basket ball ground, JNTUA.

Target audience: B.Pharmacy, Pharm.D & M.Pharm students.

Organized by: NSS Cell, JNTUA, Ministry of youth Affairs & sports, Govt. of India.

The JNT University Anantapur has organized a program on **21.06.2025** on the occasion of the 11th International Yoga Day, observed globally on June 21, 2025, with the theme "Yoga for One Earth and one Health." The students and staff of the Institute has participated the event. The main aim of the program is in promoting physical, mental and emotional well-being, while also fostering social harmony and inner balance. The theme reflected the growing global recognition of yoga as a tool for holistic health and personal transformation, emphasizing the collective responsibility of individuals, communities, and institutions to integrate yoga into daily life for a healthier and more peaceful world.

The program began with the invitation of dignitaries onto the dais, followed by a prayer song.

Dr. B. Omprakash, the organizing committee member, addressed the gathering and shared the significance of celebrating the 11th International Yoga Day. He introduced the first speaker of the day, a renowned yoga practitioner and wellness advocate, who emphasized the importance of integrating yoga into daily life for holistic health and inner peace.

Prof. S. Krishnaiah, Registrar of JNTUA, addressed the gathering and emphasized the crucial role of academic institutions in promoting physical and mental well-being through the regular practice of yoga. He spoke about the relevance of yoga in today's fast-paced world and how it contributes to stress reduction, inner peace, and holistic health. He encouraged both students and faculty to incorporate yoga into their daily lives and appreciated the Institute's initiative in celebrating the 11th International Yoga Day. Prof. Krishnaiah also highlighted the significance of this year's theme, "**Yoga for One Earth, One Health**," stressing the interconnectedness between individual well-being and the health of the planet.

Prof. H. Sudarsana Rao, Hon'ble Vice Chancellor of JNTUA addressed the gathering and emphasized the transformative role of yoga in achieving harmony between human health and the environment. He spoke about the importance of practicing yoga for physical, mental, and emotional well-being, especially in today's stressful and fast-paced lifestyle. He encouraged students, faculty, and staff to embrace yoga as a daily discipline that nurtures personal health and contributes to global sustainability. He also highlighted the significance of the 2025 theme, "Yoga for One Earth, One Health," emphasizing that individual well-being is deeply interconnected with the health of our planet and the collective wellness of all living beings.

As part of the International Yoga Day celebrations, a special segment of the event was dedicated to engaging students through a Yoga Awareness Quiz Competition and various competitions. The quiz focused on topics related to the benefits of yoga, its origins, its role in holistic health, and the 2025 theme "Yoga for One Earth, One Health." Students participated enthusiastically, demonstrating their knowledge and understanding of yoga's impact on individual and global well-being. Prizes were awarded to the toppers of the competition, recognizing their excellence and encouraging continued interest in integrating yoga into daily life.



Conclusion:

The celebration of the 11th International Yoga Day at the Institute was a meaningful and impactful event that highlighted the profound benefits of yoga for both individual well-being and global harmony. During the program nearly 320 students & staff of JNTUACEA, SMS and OTPRI. The day's activities and discussions reflected the essence of the 2025 theme, "Yoga for One Earth, One Health," emphasizing the interconnectedness of a healthy body, mind, and environment. With enthusiastic participation from students, faculty, and dignitaries, the event successfully promoted the values of balance, sustainability, and inner peace. The Institute reaffirmed its commitment to integrating yoga as a regular practice and fostering a culture of wellness and mindfulness in academic life and beyond.

The program ended by vote of thanks followed by National Anthem.

Sd/-
DIRECTOR